Post-Care Instructions After Lifting Laser Treatment

- You may wash your face and apply makeup after the procedure, but please avoid rubbing the skin strongly or any actions that may stimulate the treated area, such as facial massage.
- Your skin may feel dry after the treatment, so please pay extra attention to hydration and skin regeneration.
- As your skin may be more sensitive immediately after treatment, pigmentation may occur due to UV exposure. Please make sure to apply sunscreen when going outside.
- Please avoid alcohol and smoking after the procedure, as they may prolong side effects such as bruising and swelling.
- Please avoid saunas, hot baths, and swimming after the procedure.
- Mild redness, swelling, tightness, discomfort, lumpiness, or small bumps may occur after the procedure. If severe swelling, pain, or heat persists, please contact the clinic.
- Collagen production and elastin regeneration will continue for about 2–3 months after the procedure, and lifting effects will gradually appear during this period.
- Maintaining warmth in the treated area may help enhance the results. Please avoid cold compresses.
- However, excessive heat stimulation such as hot compresses, saunas, hot baths, or steam rooms should also be avoided.
- If blisters or small vesicles occur, please contact the clinic immediately and visit for proper care.
- If you use oil-based products, skin reactions or breakouts may occur for a few days.

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WhatsApp

Hév

Email: consult@hevclinic.co

WhatsApp: +82 10 8298 6491

Address: 16F, 119, Dosan-daero, Gangnam-gu, Seoul